



NORTHERN DISTRICT CRICKET CLUB

(Founded 1925)



IN CONJUNCTION WITH CLUB SPONSOR

SPORTSPRO

PRESENTS THE

OCTOBER 2008 CRICKET CLINIC



Guest appearance by **DOMINIC THORNLEY** Australia "A", NSW, IPL Team - "Mumbai Indians", NDCC Club Captain

Begin or continue your coaching experience with:-

DEAN GILCHRIST- C.A. Level 2 Coach, N.D.C.C. Club Coach (brother of Adam Gilchrist)

and his team of Professional qualified cricket coaches including **NSW Women's Breakers Squad Member** – **LEAH POULTON!**

Who: Boys and Girls – 7 to 14 years of age.
When: Tuesday 7th – Thursday 9th October 2008
 (Friday 10th October 2008 – Alternative wet weather day)
Where: Waitara Oval - Waitara Ave, Waitara.
Time: 9:00am start – 3:00pm finish each day.
Cost: \$220 (incl. GST) - for 3 Full days (includes Clinic T-shirt, Cap and Practice Ball)
 \$99 (incl. GST) – per Day (9.00am - 3pm on any one day and includes clinic cap only)
RSVP: **Limited Places!** Book a.s.a.p. to avoid disappointment – Bookings **Close Friday 3rd October 2008**

Clinic Prizes to be won!

Return Registration Form, Payment (cheque, Money order or EFT #) & "Signed" Indemnity Form to:

SPORTSPRO - PO Box 586, Frenchs Forest NSW 1640

For any further information please contact: Office (02) 9453 1451 - info@sportspro.com.au OR
Dean 0415 962 333 or Roger 0415 139 526.

Please cut along here and return with payment to Sportspro.

REGISTRATION FORM – Cricket Clinic October 2008

(Please also complete the Indemnity Form - over page)

Full Name: Age (as at 7/10/08):

Address: Email address:

Emergency Contact - Name: Emergency Ph #:

Any medical conditions to note:

Preferred Discipline Please tick appropriate box - Batsman: Bowler: Allrounder: Keeper:

R/hand bat: R/hand bowl: L/hand bat: L/hand Bowl:

ATTENDANCE Please tick appropriate box(es): ALL 3 Days OR Tues Wed Thurs

SKILLS TO BE REVIEWED, PRACTICED AND DEVELOPED:



BATTING - GRIP – STANCE – BACK LIFT – STROKE PLAY FOR:

- Front Foot
- Back Foot
- Horizontal Strokes



BOWLING - GRIP – RUN-UP- FOLLOW THROUGH FOR:

- Spin – Wrist / Finger
- Medium
- Fast



FIELDING

- Close to the Wicket and Outfield Catching
- Attacking Fielding Techniques
- Defensive Fielding Techniques



WICKETKEEPING - FOOTWORK – GLOVE WORK FOR:

- Standing Up to Spin / Medium Bowling
- Standing Back to Medium Pace / Fast Bowling

WHAT TO BRING to a *SPORTSPRO* cricket coaching clinic:

- ✓ Please wear whites (No cargo pants, jeans, board shorts etc)
- ✓ Your own cricket equipment clearly marked (Some cricket equipment is available)
- ✓ Cricket shoes or runners
- ✓ Sunscreen & a cap
- ✓ Morning snack and a healthy packed lunch
- ✓ Plenty to drink (still drinks are recommended)

I ENCLOSE MY CHEQUE / MONEY ORDER FOR \$ _____

PAYABLE TO: **SPORTSPRO P/L**
PO BOX 586
FRENCHS FOREST NSW 1640

OR EFT PAYMENT: National Aust. Bank

BSB: 082-212 **A/C NO.** 66-048-3722

Details: Provide Child's Surname

Include EFT Confirmation # here: _____

CRICKET CLINIC - INDEMNITY FORM

DECLARATION:

I, the undersigned, in consideration of and as a condition of acceptance of my entry into the *Northern Districts Cricket Club* Cricket Clinic implemented and sponsored by Sportspro Pty Ltd for myself, my child, my dependants, my heirs, executors and administrators on my own and on behalf of any child, hereby waive all and any claim, right or course of action that I might otherwise have for or arising out of loss of life or injury, damage or loss of any description whatsoever which I or my child may suffer or sustain in the course of or consequent upon my, my child's or my dependant's participation in the said clinic.

This waiver, release and discharge shall be and operate separately in favour of the Northern Districts Cricket Club, Sportspro Pty Ltd, "Host" Council, all sponsors, all persons, corporations and bodies involved or otherwise engaged in promoting or staging the cricket clinic and the servants, agents and representatives and officers of any of them. No responsibility will be taken for any loss of personal belongings or equipment. I have read the rules and conditions and have agreed to conform to them.

I certify that I am the parent/guardian of _____ who is _____ years of age and has my consent to participate in the Northern Districts Cricket Club Cricket Clinic. I understand that the foregoing declaration of indemnification shall apply to her/him and I join in such indemnification and release on my own and on their behalf and that I am empowered to sign this indemnification and release.

I hereby give / do not give (please strike out) permission for my son/daughter to be included in group photographs that may be used for publication in the press and/or for promotional purposes by Sportspro P/L and/or their agent/representative.

SIGNED: _____ DATE: _____
Parent / Guardian